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| SHABBAT | FRIDAY | THURS | WEDNES | TUESDAY | MONDAY | SUNDAY |
| **9:30** MORNING HIKE  ACTIVITIES IN CAFÉ TARBUT WITH THE NATIONAL SERVICE VOLUNTEERS  **14:00** COMPUTERS  **16:30** ONEG SHABBAT WITH NATIONAL SERVICE VOLUNTEERS  **18:00** MOVIE NIGHT,  COMPUTERS | **7:00** MOUNTAIN BIKING GROUP 1  **7:30** OTHER BIKING GROUPS  **8:00** BAKING  **14:00** COMPUTERS  **16:30** KABBALAT SHABBAT WITH THE GERIATRIC RESIDENTS, WOMEN'S KABBALAT SHABBAT PROGRAM  **17:30** KABBALAT SHABBAT PROGRAM WITH LOCAL REFORM SYNAGOGUE (ALTERNATE WEEKS)  **18:30** DISCO | **14:00** CAFÉ, EXERCISE ROOM  **14:30** JEWELRY MAKING  **16:00** PROGRAMING TARGETING THE GERIATRIC RESIDENTS, COMPUTERS, MUSIC LISTENING, BILLARDS, SNOOKER, TABLE TENNIS, ROCK CLIMBING, NATURE WITH LOTEM, DRAMA, MAKEUP  **18:30** BOARD GAMES, COMPUTERS, STORY HOUR, BIRTHDAY CELEBRATIONS/ ACTIVITIES WITH THE OVERSEAS VOLUNTEERS AND NATIONAL SERVICE VOLUNTEERS, CRAFTS, ONE-ON-ONE DRUMS | **8:00** MEDIA CLUB (TV/ VIDEO PRODUCTION)  **14;15** PILATES  1**4:30** RUNNING GROUP, WALKING GROUP  **15:15** ACADEMIC CLASSES  **16:00** PROGRAMING TARGETING THE GERIATRIC RESIDENTS  COMPUTERS, MUSIC LISTENING, BILLIARDS, SNOOKER, TABLE TENNIS, WOOD CARVING, MOSAICS, EXERCISE ROOM, MUSIC, BOARD GAMES  **18:30** FOLK DANCING, BOARD GAMES, COMPUTERS, STORY HOUR, SPECIAL PROGRAMING FOR THE YOUNGER RESIDENTS | **12:30** PIANO  **13:15** KFAR TIKVA ORCHESTRA  **13:30** PIANO  **14:15** CHOIR  **14:30** BOWLING, CAPOEIRA  **15:15** ACADEMIC CLASSES  **16:00** PROGRAMING TARGETING THE GERIATRIC RESIDENTS, COMPUTERS, BILLIARDS, SNOOKER, TABLE TENNIS, GAMES, EXERCISE ROOM, DRAWING, CHESS, CRAFTS  **16:15** PIANO  **17:00** PIANO  **18:30** FREE TIME FOR THE RESIDENTS | **8:00** MEDIA CLUB (TV/ VIDEO PRODUCTION)  **15:00** EXERCISE ROOM, THERAPEUTIC HORSEBACK RIDING  INSTRUCTIONAL READING,  **15:15** ACADEMIC CLASSES  **16:00** MUSIC LISTENING, COMPUTERS, POETRY, PHOTOGRAPHY CLASS AT ORANIM COLLEGE  **18:30** BINGO, STORY HOUR, CHESS, PUZZLES, COMPUTERS, BOARD GAMES, SOCCER | **14:00** CAFÉ ,  EXERCISE ROOM  **14:15** PILATES, KFAR TIKVA ORCHESTRA  **15:00** INSTRUCTIONAL READING  **15:15** THERAPEUTIC DRUM CIRCLE,  ACADEMIC CLASSES  **16:00** COMPUTERS. MUSIC LISTENING, TABLE TENNIS, BILLIARDS, SNOOKER, FLUTES, PIANO, DRAMA, SOCCER, EXERCISE ROOM , CLASSES AT ORANIM COLLEGE  **17:00** GUITAR  **18:30** KAROAKE, BOARD GAMES, RUNNING CLUB, ONE- ON-ONE DRUMS |