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| SHABBAT | FRIDAY | THURS | WEDNES | TUESDAY | MONDAY | SUNDAY |
| **9:30** MORNING HIKE ACTIVITIES IN CAFÉ TARBUT WITH THE NATIONAL SERVICE VOLUNTEERS**14:00** COMPUTERS **16:30** ONEG SHABBAT WITH NATIONAL SERVICE VOLUNTEERS **18:00** MOVIE NIGHT,COMPUTERS   | **7:00** MOUNTAIN BIKING GROUP 1**7:30** OTHER BIKING GROUPS**8:00** BAKING **14:00** COMPUTERS **16:30** KABBALAT SHABBAT WITH THE GERIATRIC RESIDENTS, WOMEN'S KABBALAT SHABBAT PROGRAM **17:30** KABBALAT SHABBAT PROGRAM WITH LOCAL REFORM SYNAGOGUE (ALTERNATE WEEKS) **18:30** DISCO  | **14:00** CAFÉ, EXERCISE ROOM**14:30** JEWELRY MAKING**16:00** PROGRAMING TARGETING THE GERIATRIC RESIDENTS, COMPUTERS, MUSIC LISTENING, BILLARDS, SNOOKER, TABLE TENNIS, ROCK CLIMBING, NATURE WITH LOTEM, DRAMA, MAKEUP**18:30** BOARD GAMES, COMPUTERS, STORY HOUR, BIRTHDAY CELEBRATIONS/ ACTIVITIES WITH THE OVERSEAS VOLUNTEERS AND NATIONAL SERVICE VOLUNTEERS, CRAFTS, ONE-ON-ONE DRUMS  | **8:00** MEDIA CLUB (TV/ VIDEO PRODUCTION)**14;15** PILATES 1**4:30** RUNNING GROUP, WALKING GROUP **15:15** ACADEMIC CLASSES **16:00** PROGRAMING TARGETING THE GERIATRIC RESIDENTSCOMPUTERS, MUSIC LISTENING, BILLIARDS, SNOOKER, TABLE TENNIS, WOOD CARVING, MOSAICS, EXERCISE ROOM, MUSIC, BOARD GAMES**18:30** FOLK DANCING, BOARD GAMES, COMPUTERS, STORY HOUR, SPECIAL PROGRAMING FOR THE YOUNGER RESIDENTS  | **12:30** PIANO **13:15** KFAR TIKVA ORCHESTRA **13:30** PIANO **14:15** CHOIR**14:30** BOWLING, CAPOEIRA**15:15** ACADEMIC CLASSES **16:00** PROGRAMING TARGETING THE GERIATRIC RESIDENTS, COMPUTERS, BILLIARDS, SNOOKER, TABLE TENNIS, GAMES, EXERCISE ROOM, DRAWING, CHESS, CRAFTS **16:15** PIANO**17:00** PIANO**18:30** FREE TIME FOR THE RESIDENTS  | **8:00** MEDIA CLUB (TV/ VIDEO PRODUCTION)**15:00** EXERCISE ROOM, THERAPEUTIC HORSEBACK RIDINGINSTRUCTIONAL READING, **15:15** ACADEMIC CLASSES **16:00** MUSIC LISTENING, COMPUTERS, POETRY, PHOTOGRAPHY CLASS AT ORANIM COLLEGE**18:30** BINGO, STORY HOUR, CHESS, PUZZLES, COMPUTERS, BOARD GAMES, SOCCER  | **14:00** CAFÉ , EXERCISE ROOM**14:15** PILATES, KFAR TIKVA ORCHESTRA**15:00** INSTRUCTIONAL READING**15:15** THERAPEUTIC DRUM CIRCLE,ACADEMIC CLASSES**16:00** COMPUTERS. MUSIC LISTENING, TABLE TENNIS, BILLIARDS, SNOOKER, FLUTES, PIANO, DRAMA, SOCCER, EXERCISE ROOM , CLASSES AT ORANIM COLLEGE**17:00** GUITAR **18:30** KAROAKE, BOARD GAMES, RUNNING CLUB, ONE- ON-ONE DRUMS  |